



## Essential Oils Toxic/Harmful to Cats

Cinnamon  
Citrus (d-limonene)  
Clove  
Eucalyptus  
Lavender  
Oregano  
Pine  
Pennyroyal

Peppermint  
Sweet birch  
Tea tree  
Thyme  
Wintergreen  
Ylang ylang



# Essential Oils Toxic/Harmful to Dogs

Anise  
Cinnamon  
Citrus (d-limonene)  
Clove  
Garlic  
Juniper  
Pine  
Pennyroyal

Peppermint  
Sweet birch  
Tea tree  
Thyme  
Wintergreen  
Yarrow  
Ylang ylang



# Toxic/Harmful to Cats & Dogs

## Food

Nutmeg	Chocolate
Nuts	Onions
Raw eggs	Caffeine
Raw meat	Fatty foods
Rhubarb	Apple seeds
Salt	Raisins
Alcohol	Mushrooms
Garlic	Fat trimmings and bones
Grapes	Milk and dairy products

## Plants

Pine trees  
Tree  
water  
Poinsettia  
Mistletoe  
Holly  
Lilies

